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| **MENTORSHIP PROGRAM - CALL FOR APPLICATIONS** | |
| **Public** | PhD students from the laboratories BGE, BioSanté, Cermav, DCM, DPM, GIN, HP2, IAB, IBS, LBFA, LCBM, LPCV, LPNC, LRB, SyMMES, TIMC |
| **Deadline for applications** | September 23, 2024 to be sent to:  cbh-internationalgraduateschool@univ-grenoble-alpes.fr |

Want to develop your career but not sure where to start? Are you interested in being mentored and supported by an experienced mentor? Apply to the CBH mentorship program and benefit from personalized support. The aim of the mentorship program is to help PhD students at an important stage in their career development, by pairing them up with a female or male mentor (someone with an inspiring track record working in the public or private sector).

This program is aimed at 1st and 2nd year PhD students in Chemistry, Biology and Health (eligible laboratories: BGE, BioSanté, Cermav, DCM, DPM, GIN, HP2, IAB, IBS, LBFA, LCBM, LPCV, LPNC, LRB, SyMMES, TIMC).

**What is mentorship?**

Mentorship is a relationship between two people based on the values of mutual respect and confidentiality. Each relationship between mentor and mentee is unique, and is built on the needs communicated by the mentee and the resources offered by the mentor. The goal is to provide mentees with guidance from a trusted source, to help them develop new skills and to give them the tools to move forward along their career path.

**Why find a mentor?**

* to gain confidence and work on assertiveness;
* to gain perspective and project yourself into the professional world;
* to network and develop your professional network;
* to take an active role in your career path.

Each mentee profile is analyzed in detail to find the best possible mentor-mentee match.

**Your commitment as a mentee:**

By becoming a mentee, you commit to:

- devote a minimum of 6 hours over a 2024-2025 academic year. Participation in mentoring program requires that mentee commit to devoting at least 6 hours over the course of a year to preparing and organizing successful mentoring meetings. Each mentor/mentee pairing follows a personalized schedule based on the mentor's and mentee's availability;

- to attend a half-day training session;

- to sign an ethical charter on confidentiality.

*The information gathered will be used to create mentee/mentor pairs.*

1. Last name, first name

1. Email address

1. Phone number

1. What is your gender identity?

1. What year of thesis are you in?

1. Which doctoral school are you registered with?

1. In which laboratory(ies) do you work?

1. What would you expect from this mentorship?
2. Would you prefer a mentor who works in your scientific field or not?

1. Would you prefer a mentor who works in the academic or private sector?

1. Do you have a preference for the gender of your mentor?

1. In which language would you like to communicate with your mentor?

1. What communication methods would you prefer to use with your mentee (e-mail, telephone)?

1. Why did you decide to do a thesis?
2. How motivated are you at present about your thesis project?

1. Are you having any difficulties and if so, what are they?
2. Do you have the opportunity to collaborate with other French or foreign research teams?

1. Do you consider yourself to be in a rather favorable or unfavorable position when it comes to gender inequality?

1. What are your career goal after your thesis?
2. What skills/qualities would you like to develop with the help of your mentor?
3. What are your short-term focus points that you would like to discuss with a mentor (eg interview skills, professional interactions)?
4. What are your long-term focus points that you would like to discuss with a mentor (eg balancing life and work, career aspirations)?
5. What are some of your interests or hobbies? This information is helpful when matching you with your mentor.
6. Do you know of any "role models" in your circle who motivate you intellectually? If so, can you tell us their name(s) and contact details?
7. Do you have any preferences, restrictions or limitations that would affect your full participation in this mentorship program?

*After sending this form, a member of EUR team will be in touch with you via email within a week. Thank you for participating!*