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| **CBH mentorship program - Call to become a mentor** | |
| **Profil** | An experienced person (male or female) working in the public or private sector |
| **Application deadline** | September 23, 2024 to be sent to:  cbh-internationalgraduateschool@univ-grenoble-alpes.fr |

Are you interested in giving back and having a great professional and human experience? Join the EUR mentoring program for PhD students in Chemistry, Biology and Health! Share your experience, guide the mentee in choosing a post-thesis career and help them develop their project.

**What is mentoring?**

Mentoring is a relationship between two people based on the values of mutual respect and confidentiality. Each relationship between mentor and mentee is unique, and is built on the needs communicated by the mentee and the resources offered by the mentor.

**The mentor's role includes:**

- helping the mentee to reflect and think critically about her/his goals;

- participate in the mentee's leadership development, for example, by developing her/his network or working on assertiveness;

- facilitate the mentee's professional development.

**Why become a mentor?**

- to have a positive impact on the future professional lives of our doctoral students;

- to become part of a network of mentors;

- to strengthen your leadership skills;

- to gain visibility (possibility of having a profile on the website or creating a video testimonial).

**Your commitment as a mentor:**

By becoming a mentor, you commit to:

- devote a minimum of 6 hours over a 2024-2025 academic year. Participation in mentoring programs requires that mentors commit to devoting at least 6 hours over the course of a year to preparing and organizing successful mentoring meetings. Each mentor/mentee pairing follows a personalized schedule based on the mentor's and mentee's availability;

- to attend a half-day training session to become a mentor;

- to sign an ethical charter on confidentiality and benevolence.

*The information gathered will be used to create mentee/mentor pairs.*

1. Last name, first name

1. Email address

1. Phone number

1. What is your gender identity?

1. Professional structure (if relevant)

1. What is the first language that you prefer to speak in?

1. What is the second language that you prefer to speak in (if any)?

1. What is the highest level of education you have completed?

1. Please tell us about your current position by providing 4-5 key responsibilities and/or fields of expertise (bullet point is fine).
2. How many years have you held this position?

1. List the positions you've held and the companies you've worked for
2. Are you able to commit at least 6 hours a year to your mentee?

1. How many mentees do you wish to be paired with?

1. Do you have any mentoring experience as a mentor or mentee?

1. What is the main reason you are interested in becoming mentor?
2. What do you think a mentee can learn from you?
3. What are some of your interests or hobbies? This information is helpful when matching you with your mentee.

1. Do you have any preferences, restrictions or limitations that would affect your full participation in this mentor program?
2. What communication methods would you prefer to use with your mentee (email, phone)?

1. Do you have a preference for the gender of your mentee?

1. Additional comments